GAINSBOROUGH AEGIR LEISURE EVENTS LIST

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| **DATE** | **DEPART**  **TIME** | **MEETING POINT** | **DISTANCE** | **DESTINATION** | **CATEGORY** |
| Sun 18.02.24 | 9 30am | Roseway Gainsborough | 35 miles | Retford | Short ride |
| Sat 24.02.24 | 6.30pm | Trent Port / Stone House Gainsborough |  |  | Club Dinner / Presentation |
| Sun 25.02.24 | 9.30am | 20 Ropery Road, Gainsborough | 32 or 55 miles | Designated Circuits | 2 Bridges Reliability ride |
| Sun 03.03.24 | 9 30am | Roseway Gainsborough | 45 miles | Scothern | Short ride |
| Sun 10.03.24 | 9.30am | Roseway Gainsborough | 40 miles | Torworth | Short ride |
| Sun 17.03.24 | 9.30am | 20 Ropery Road, Gainsborough | 20 miles, 50k or 50 miles | Designated Circuits | Reliability Ride |
| Sun 24.03.24 | 9.30am | Roseway Gainsborough | 45 miles | Whisby | Medium ride |
| Sun 31.03.24 | 9.30am | Roseway Gainsborough | 40 miles | Tuxford | Medium ride |
| Sun 07.04.24 | 9.30am | Roseway Gainsborough | Riders Choice | Isle of Axholme | Riders Choice |
| Sun 14.04.24 | 9.30am | Roseway Gainsborough | To be chosen at Roseway | Alkborough | Distance to be chosen at Roseway |
| Sun 21.04.24 | 9.30am | 20 Ropery Road, Gainsborough | 20 miles, 50k, 50 or 75 miles | Designated Circuits | Reliability Ride |
| Mon 22.04.24 | 6.30pm | Trent Port / Stone House Gainsborough |  |  | Committee Meeting |
| Sun 28.04.24 | 9.30am | Roseway, Gainsborough | 15 miles | Marton | Ride to meet the 5 Mile TT |
| Sun 05.05.24  (Bank Holiday) | 8.00am | Roseway, Gainsborough | 60 miles | Heighington Village Hall | Cycling UK A.G.M |
| Sun 12.05.24 | 9.30am | Roseway Gainsborough | 50 miles | Lincoln Grand Prix | Medium Ride |
| Sun 19.05.24 | 9.30am | Roseway Gainsborough | 40 miles | Retford – Best Coffee Shop and Diner | Rough Stuff Ride |
| Sun 26.05.24  (Bank Holiday) | 9.30am | Roseway, Gainsborough | To be chosen at Roseway | To be chosen at Roseway | Riders Choice |
| Sun 02.06.24 | 9.30am | Roseway, Gainsborough | To be chosen at Roseway | To be chosen at Roseway | Dual Option Ride |
| Sun 09.06.24 | 10.30am | Heapham Road Industrial Estate | 10, 15 or 30 miles |  | National Bike Week  5th – 11th June |
| Sun 09.06.24 | 4.00pm | Richmond Park, Morton Terrace, Gainsborough |  |  | Pedalling Picnic |
| Wed 12.06.24 | 7.00pm | Laughton Lane | 5 mile (Time Trial ) | Circuit | Novice 5 mile Time Trial |
| Sun 16.06.24 | 9.30am | Roseway Gainsborough | 45 miles | Lincoln | Medium Ride |
| Sun 23.06.24 | TBC | Roseway Gainsborough | 120 miles | York | Extra Long Ride |
| Sun 23.06.24 | 9.30am | Roseway Gainsborough | Riders Choice | Riders Choice | Short Ride |
| Sun 30.06.24 | 9.30am | Roseway Gainsborough | 65 Miles | Wragby | Long Ride |

**LEISURE RIDES KEY CONTACTS**

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| contact us | Trevor Halstead, 20 Ropery Road, Gainsborough, Lincolnshire, DN21 2NP  Telephone: (01427) 617752 Email: [trevorhalstead@yahoo.co.uk](mailto:trevorhalstead@yahoo.co.uk) mobile 07871475571  . |

**Social Rides**  Ken Phillips, Email: [kenphillips210468@hotmail.co.uk](mailto:kenphillips210468@hotmail.co.uk)

Leisure Ride Leader : Daniel Nicholson, 44 Arkwright Street, Gainsborough DN21 2QJ.

Telephone (01427) 617277, mobile 07565427593

**RIDE INFORMATION**

New riders are welcome you don’t have to be a member of the Cycling UK or Aegir to ride, but if you are not and you enjoy our rides the advantages of the clubs may be pointed out to you, if you would like information talk to Trevor Halstead.

Riders are free to join or leave the group whenever they wish. Please inform the ride leader when doing so. Riders under the age of 18 must stay with the ride unless accompanied by a parent or guardian.

Rides are always led by an experienced rider.

There is no charge to take part in Gainsborough Aegir leisure events.

**WHAT IS A RELIABILITY RIDE?**

On a Reliability ride, riders choose a distance and their objective time category before departing on the pre designed routes. They must aim to have completed the distance before their time elapses.

Reliability Certificates are presented at the following dinner / prize presentation to riders successfully completing their rides in their specified time.

Reliability rides can be ridden on any road-worthy machine and any time piece / speedometer can be used, unlike speed judging. You may cycle in groups.

The objective is to prove you and your cycle are reliable.

**SOCIAL RIDES**

Wednesday Social Rides are organised by Gainsborough Aegir Ride Leader Ken Phillips. All rides start at 10am and are circular finishing back at the start location. The rides are at a relaxed easy pace. For more information please email [kenphillips210468@hotmail.co.uk](mailto:kenphillips210468@hotmail.co.uk). To book your intention to ride please visit [www.letsride.co.uk/guided-rides](http://www.letsride.co.uk/guided-rides)

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| **DATE** | **DAY** | **START TIME** | **DISTANCE** | **START/ END POINT** |
| 21st February 2024 | Wednesday | 10.00 am | 24 miles | Costa Coffee, Marshall’s Yard |
| 6th March 2024 | Wednesday | 10.00 am | 19 miles | Saxilby Railway Station |
| 29th May 2024 | Wednesday | 10.00 am | 22 miles | Costa Coffee, Marshall’s Yard |
| 30th May 2024 | Thursday | 6.30 pm | 4 miles | Whitton’s Gardens Car Park |
| 26th June 2024 | Wednesday | 10.00 am | 30 miles | Costa Coffee, Marshall’s Yard |
| 27th June 2024 | Thursday | 6.30 pm | 4 miles | Whitton’s Gardens Car Park |
| 6th August 2024 | Tuesday | 6.30 pm | 4 miles | Whitton’s Gardens Car Park |
| 7th August 2024 | Wednesday | 10.00 am | 19 miles | Costa Coffee, Marshall’s Yard |
| 16th October 2024 | Wednesday | 10.00 am | 17 miles | Costa Coffee, Marshall’s Yard |
| 6th November 2024 | Wednesday | 10.00 am | 16 miles | Saxilby Railway Station |
| 11 December 24 | Wednesday | 10.00 am | 17 miles | Costa Coffee, Marshall’s Yard |